Director’s Message

Happy New Year! Here are just a few of the tremendous things we accomplished together, and in collaboration with other County of Orange agencies/departments as well as community stakeholders in 2018:

- The Orange County Board of Supervisors (BOS) approved a contract for the provision of inpatient mental health services with Children’s Hospital of Orange County (CHOC), securing six inpatient beds from an 18-bed unit. Planning began in 2015 after the BOS secured a grant that helped CHOC design this state-of-the-art facility.

- Developed a Full Service Partnership specifically focused on

... continued on page 2

Peer-to-Peer

Daniel Vu Loves What He Does and Does It Well

Loving what you do and doing it well is the approach that December’s Peer-to-Peer winner Daniel Vu applies to his position as Staff Assistant with our Administrative Services’ Purchasing team.

As a Deputy Purchasing Agent and Health Care Agency (HCA) travel coordinator, Daniel works with program staff to plan travel, generating and tracking purchase orders to ensure that lodging, flights, event registration, and other travel necessities are processed and paid on time. Using his personal travel experience and job training, Daniel created the Travel Users Guide as a two-year PIP goal and now provides travel-training workshops to assist HCA travelers and staff.

“I love traveling and I plan vacations with friends or family nearly every year,” said Daniel. “I’ve traveled locally to San Francisco and Solvang, taken cross-country driving trips to Florida and visited Southeast Asia. My earliest travel memory is when my parents took me to London when I was five to visit family. I still have a Queen’s Guard doll and a Big Ben souvenir clock from that trip!”

His co-workers share that Daniel’s attention to detail and strong... continued on page 6

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the homeless population who have serious mental illness and helped fund 10 units of Permanent Supported Housing in the Depot at Santiago in Santa Ana and 24 additional units in the Fullerton Heights project in Fullerton.

- Administered nearly 5,000 influenza vaccinations during the 2017/2018 flu season to jail inmates, youth detained at Juvenile Hall and associated camps, and youth at Orangewood’s Children and Family Center. This preventative measure was a critical component of mitigating the spread of influenza in these highly susceptible settings.

- Conducted a comprehensive assessment in collaboration with key community partners of the oral health needs and barriers in Orange County. The Local Oral Health Program established a strategic plan and launched a website, www.SmileHabitsOC.org, to make information and resources about oral health care easily accessible to the public.

- Following the historic wildfires and subsequent devastating mud flows in Santa Barbara County, the OC Health Care Agency Environmental Health division’s Hazmat Team provided disaster relief and emergency response through a mutual aid request in neighborhoods of Montecito where homes and property were destroyed during the disasters.

Congratulations to everyone who supported these efforts and made these momentous achievements possible. And as for the new year, these are some of the key goals we’ll work towards, which I’ve already shared with the County Executive Office and our BOS:

- Site and develop a contracted Crisis Stabilization Unit in Orange County to provide emergency psychiatric evaluation and crisis stabilization to adults ages 18 and older on a 24-hour/7-day per-week basis.

Internet Sites Will Move to New Platform

The Health Care Agency (HCA) has been notified by the County Executive Office (CEO) that our internet websites (all those which are currently housed on www.ochealthinfo.com) will be migrated to a new platform called Drupal over the course of this year.

HCA/Information Technology will take the lead to help us move through this process together, and has formed a Website Steering Group/Web Oversight Committee that includes users most active in the existing system HCA uses to create, edit, and delete webpages.

“To make the new websites as effective and as streamlined as possible, only webpages that are valuable and up-to-date should be migrated,” said Ron

Health Care Agency’s

What’s Up Newsletter
Margheim, Software Development/Systems Support Supervisor. “The website redesign provides an opportunity to refocus our messaging on what website visitors want to know. For webpages that do include useful information, consider updating the content to communicate what needs to be portrayed in the clearest and most concise way.”

According to CEO Communications, the new website design will most likely have a clean look with more images and less text – so the smallest amount of text you can use to communicate your messages the better. Mobile responsiveness is built into the Drupal platform, which also ensures our website will be compliant with the Americans with Disabilities Act.

The group will meet quarterly to discuss updates and assign key project roles to members. If there is a member of your team you think should participate, please email Ron Margheim at RMargheim@ochca.com.

How to Receive Your W-2 Form Electronically by January 24

The County of Orange is pleased to announce that employees who consent to receive their W-2 statements online through the County OC Employee Portal in PDF format, will be able to view and print your W-2 by January 24.

In order to have this convenience available, you must complete an on-line consent here. If you do not consent, a hard copy will be mailed by January 31.

If you have questions or concerns regarding your W-2 statement, please contact HCA payroll.
5 Things You Need to Know About California Senate Bill 972

1. State Senator Anthony J. Portantino (D-La Cañada-Flintridge) introduced legislation last year that would require all public, charter and private schools to print a suicide prevention hotline number on their students identification cards. The Senator was moved to introduce SB 972 after his own brother’s death from suicide. Read more here.

2. Governor Brown signed the bill in September 2018. It requires the National Suicide Prevention Lifeline number to be added on newly printed student ID’s starting July 1, 2019.

3. The requirement is for all public and private schools (grades 7-12) and institutions of higher education (universities and colleges). In addition to the National Suicide Prevention Lifeline number, schools can also include the Crisis Text Line as well as any local suicide prevention numbers and numbers for police/security or nonemergency services.

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Milestone of 100+ Champion Moms!

The Nutrition Education and Obesity Prevention branch of the California Department of Public Health recognized the Health Care Agency’s (HCA) Champion for Change program for a milestone achievement: recruiting, cultivating, and training 100 Champions for Change. Orange County now has the highest number in California!

Over 70 of OC’s Champion Moms, peer educators and community partners met in November for the annual fall Parent Workshop, which was themed “Champion Moms: 100 and Growing.” At the event, 11 Moms were selected to be recognized for their commitment and efforts to give their families and communities healthier, happier lives -- among them Laura Calderon, maintenance worker at HCA’s building 50.

“We can all make a difference, one person at a time,” Laura said. “This means making changes with myself first and then my son.”

Attendees had the opportunity to recruit, cultivate, and train 100 Champions for Change. Orange County now has the highest number in California!
With these cards, students will have suicide prevention resources at their fingertips. While local information will vary, the National Suicide Prevention Lifeline is 1-800-273-8255 and the Crisis Text Line, accessed by texting HOME to 741741, will remain constant.

The Health Care Agency continues to partner with schools in supporting suicide prevention efforts through the promotion of web-based campaigns, such as suicideispreventable.org; through trainings for teachers, caregivers and students; and through a variety of prevention services provided on many school campuses in many school districts. These endeavors are supporting an increasing community awareness of suicide prevention and encouraging conversations on recognizing the warning signs, the words to use to support someone who may be at risk and the resources that are available to help. Learn more at www.ochealthinfo.com/suicideprevention.

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learn about using pantry foods and reducing food waste; keeping their body and mind healthy through physical activity; and creating healthier cities. Three Champion Moms, who are resident leaders in the city of Buena Park, shared how they were able to get involved to make their city a healthier place to live. Resource tables were available for attendees to obtain information about programs that could help their family and communities.

Since 2008, HCA and its partners have been working together to recognize outstanding parents for being role models and leaders in their neighborhoods. Thanks to the Parents for Healthy Neighborhoods workgroup, 107 Champion Moms from 17 cities throughout Orange County have been engaged in the battle to prevent obesity. For more information on the program, please email Marisela Barcenas at mbarcenas@ochca.com.

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organizational skill allow him to manage critical deadlines without compromising travel policies. “Navigating the County’s travel policy can be daunting, but I enjoy tackling challenging or last-minute travel requests and I find that being able to conquer the ever-changing travel landscape very rewarding,” Daniel said.

He also oversees the purchasing and delivery of wireless services including pagers, iOS, iPads, iPhones, and other procurement assignments. Studying and buying technology has made him the go-to tech person within his team, and his friends and family seek his advice for purchases as well.

His peers state that when it comes to service, Daniel has superior customer service skills. He quickly responds to inquiries, makes follow-up calls, and sends emails to ensure that every order detail is accurately completed. Daniel regularly helps staff navigate the HCA purchasing processes, for which he receives praise regularly.

Before joining the County of Orange, Daniel earned a Bachelor of Science in Culinary Arts Management from the Art Institute in Costa Mesa. In his spare time, Daniel cooks a variety of his favorite foods for friends and family, creating special dishes out of simple things such as chili and soups. He also uses his tech knowledge and love of music to DJ for special events and weddings.

Thank you Daniel for your commitment to excellence, integrity, and service!

Job well done!
It’s that time of the year when we make New Year’s resolutions. Eating healthier, losing weight and saving more money are some of the most common. Making small changes is key to successfully meeting our goals. For more tips to turn your resolutions into real solutions, click here.

Try making this delicious Confetti Soup recipe that is low in calories and full of vegetables.

Confetti Soup

**INGREDIENTS:**
- 1 3/4 teaspoons canola oil
- 3/4 cup fresh onions, peeled, diced
- 3/4 cup fresh celery, diced
- 3/4 cup fresh carrots, peeled, diced
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/4 teaspoon whole fennel seed
- 1/8 teaspoon crushed red pepper (optional)
- 1 1/2 cups canned low-sodium black-eyed peas, drained, rinsed
- 3 1/2 cups water
- 1 cup extra-lean turkey ham, diced 1/4” (6 oz.)
- 1/3 cup fresh kale, coarsely chopped
- 1 1/2 tablespoons fresh parsley, chopped

**DIRECTIONS:**
1. In a large pot, heat oil over medium-high heat. Add onions and celery. Cook for 2-3 minutes or until tender. Add carrots, salt, pepper, fennel seed, and optional crushed red pepper. Cook for an additional 2-3 minutes.
2. Add black-eyed peas and water. Cook uncovered for 25 minutes over medium heat.
3. Add turkey, ham and kale. Cook covered for an additional 10 minutes over medium heat until kale is tender.
4. Add parsley right before serving. Serve hot and enjoy!
Complete Annual Compliance Training by February 1st

It’s that time again! This year’s Annual Compliance Training (ACT) has been creatively constructed in Harry Potter format to be both educational and entertaining.

ACT is a mandatory training for all Health Care Agency regular, contract and extra-help staff, as well as our interns and volunteers. Please make sure the training is completed no later than Friday, February 1st. Depending on your program and job duties, the training will take anywhere from 1-3 hours to complete. Once you start the ACT, you will be routed into the most appropriate version of the training after you answer some short questions about your job duties. Supervisors and managers must ensure that their staff completes the training by the specified due date.

The training can be accessed via the following link: http://www1.ochca.com/ochealthinfo.com/training/compliance/2018-19/ACT-General/story_html5.html

As stated, this year’s training will sort you into a training track based on what type of information you come in contact with or the program you work for. If you have issues with the training, it is important to identify whether you have been sorted before you contact Compliance, and if you have been sorted, in to what “house” you were sorted. This will assist us in providing you with the best solution to complete the training.

To optimize your online training experience, we encourage you to close all windows and applications when starting the training. It is best to use Google Chrome as your web browser. Headphones are also encouraged if you have them available to you.

If you do not have access to the internet or need additional assistance with this training, please contact the Office of Compliance at (714) 568-5614 or email officeofcompliance@ochca.com.